
Occupational Medicine Section of the European Union of Medical Specialists (UEMS). UEMS Activities Summary 2025

Sección de Medicina del Trabajo de la Unión Europea de Médicos Especialistas (UEMS). Resumen actividades UEMS 2025

Mari Cruz Rodríguez-Jareño^{1,2,3}

¹Catalan Society of Occupational Health (SCSL). Spanish Society of Occupational Safety and Medicine (SEMST).

²Prevention Service of the Institut d'Assistència Sanitària. Salt (Girona). Spain.

³Department of Medical Sciences, Faculty of Medicine, University of Girona, Girona, Spain.

Spain has been represented through the Spanish Society of Occupational Medicine and Safety⁽¹⁾ and the Catalan Society of Occupational Health⁽²⁾ in the Occupational Medicine Section⁽³⁾ of the UEMS (European Union of Medical Specialists⁽⁴⁾) continuously since 1999. The current Spanish representative is Mari Cruz Rodríguez Jareño (SCSL), and since November 13th, 2025, we have had the second Spanish representative, Álvaro Amo Vázquez de la Torre, an active member of the Andalusian Association of Occupational Medicine and Safety.

The Section members meet twice a year, maintaining active participation between meetings through email and online conferences to advance the topics discussed. The usual format for the meetings is a plenary session, followed by breaking into working groups, and ending with a joint presentation of the work done in each of the groups. English is the working language.

During 2025, the UEMS Occupational Medicine Section held its two annual meetings in April (Copenhagen) and November (Modena), with the Spanish representative from SEMST-SCSL attending the November meeting.

One of the areas of intensive work currently underway is strengthening the presence and visibility of Occupational Medicine at the European level to improve collaboration in occupational health and bridging the gap between occupational health policymakers and occupational medicine specialists in Europe. In this regard, we collaborate with European representatives of workers, employers, and the European Agency. Common topics of great interest include the prevention of psychosocial risks at work and the impact of climate change on occupational risk prevention in the workplace.

The Section is also continuing its work on reviewing the European requirements for the specialty, as well as maintaining and promoting the CESMA standards for the European examination.

The minutes of the UEMS Occupational Medicine Section meetings are public and, along with the presentations used in the meetings, can be consulted on the Section's website: <http://www.uems-occupationalmedicine.org>

During 2025, in addition to the activities directly related to the Section meetings, the representative also carried out the following actions:

Attendance at the CESMA (Council of European Specialist Medical Assessment) meeting on behalf of the UEMS Occupational Medicine Section, Cork, May 2-3, 2025.

Preparations for the accreditation of the European examination, in accordance with UEMS CESMA criteria, as a member of the examining committee and representing the UEMS Occupational Medicine Section. Accreditation took place in person on October 20th, 2025, coinciding with the examination, after the presentation of all the documentation required by the auditors.

Attendance at the European examination as a member of the examining committee representing the Occupational Medicine Section of the UEMS, Brussels, October 20th, 2025. The examination content and all preparations were also the responsibility of the examining committee.

Presentation at the Conference on Occupational Health Surveillance in the Workplace, organized by the Catalan Labour Relations Council. Barcelona, October 27th, 2025. Presentation title: "Management, Trends, and Models of Occupational Health Surveillance from a Comparative Perspective."

Publication of an article in the monograph issued by the Catalan Labour Relations Council with the content presented at the October Conference. "Occupational Health Surveillance in the Workplace: Reflections for Improvement."⁽⁵⁾

Publication of a scientific article: Participation, along with some representatives from the UEMS Occupational Medicine Section and members of EASOM (European Association of Schools of Occupational Medicine⁽⁶⁾), in a systematic review on the inclusion of Occupational Medicine training in European medical schools⁽⁷⁾.

Participation in the survey: "Occupational Medicine in the EU: the specialist doctors' perspective." Commissioned to the UEMS Occupational Medicine Section by the European Agency for Safety and Health at Work. In addition to the Spanish representative, participants in this survey included the president of the SEMST (María Eugenia González Domínguez), the president of the SCSL (Montserrat Puiggené Vallverdú), and other members of the SEMST Board (Mónica Gutierrez Piqueres, Manuel Wenceslao Gálvez Godoy, and María Teresa Magdalena Iglesias). An article is currently being drafted for publication.

We were also represented in the telematic meetings organized by the General Council of Official Colleges of Physicians (CGCOM) of the Spanish representatives of the Sections of the different specialties of the UEMS.

References

1. Sociedad Española de Medicina y Seguridad del Trabajo (SEMST) [Internet]. Madrid: SEMST. Available at: <https://semst.org>
2. Societat Catalana de Salut Laboral (SCSL) [Internet]. Barcelona: Acadèmia de Ciències Mèdiques i de la Salut de Catalunya i de Balears. Available at: <https://www.salutlaboral.com>
3. Union Européenne des Médecins Spécialistes. Section of Occupational Medicine (UEMS-OM) [Internet]. Disponible en: <http://www.uems-occupationalmedicine.org>
4. Union Européenne des Médecins Spécialistes (UEMS). European Union of Medical Specialists [Internet]. Bruselas: UEMS. Available at: <https://www.uems.eu>
5. Consejo de Relaciones Laborales de Cataluña. Vigilancia de la salud en la empresa. Reflexiones para avanzar en su mejora [Internet]. Barcelona: Consell de Relacions Laborals de Catalunya; 2025. Available at: <https://treball.gencat.cat/ca/rscat/ci/monografic-vigilancia-salut-empresa/>
6. European Association of Schools of Occupational Medicine (EASOM) [Internet]. Luxemburgo: EASOM. Available at: <https://www.easom.eu/europe>
7. Larrosa M, Iguacel I, Bazas T, Braeckman L, Bulato P, Eglite M, et al. Systematic review on occupational medicine training in European medical schools. *Occup Med (Lond)*. 2025 Dic 1;75(9):589-595. doi: 10.1093/occmed/kqaf055. PMID: 40694537; PMCID: PMC12794902.